



RUTGERS UNIVERSITY
Cooperative Extension
of Hudson County
New Jersey Agricultural Experiment Station

September 2026

Issue #08

A Note from the Team

Lots of events coming up this weekend, and in the next couple of weeks! We hope to have you stop by, see your face, say hi, and that you have fun!

~ The Hudson County 4-H Team

Contact Us!

Rutgers Cooperative Extension of
Hudson County 4-H Youth Development

Address (By Appointment Only):

830 Bergen Ave. Suite 3A
Jersey City, NJ 07306

Phone: 201-369-5280 Ext. 4288

Email: Hudson4H@njaes.rutgers.edu

Hudson County 4-H Website:

<http://www.hudson.njaes.rutgers.edu/4h/>

Follow Our Instagram:

@HudsonCounty4H



Youth Spotlight

~ BORN 2 RESCUE ~

Congrats to our teens Zamil and Joliana for winning the last round of the National 4-H Lead to Change Grant! Lead to Change is a community action platform and grant program by the National 4-H Council that helps teens turn their ideas for local community improvement into real projects. These two superstars will be creating a program called "Born 2 Rescue" which will be empowering communities and teaching life-saving first-aid skills! Keep in the loop by following them on Instagram at [@ruborn2rescue!](https://www.instagram.com/ruborn2rescue/)



Inside This Issue



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Hello Autumn!



In-School Workshops

The amazing Natalia Hinds, Hudson County 4-H Program Associate is beginning to launch in-school single and multi-session workshops for this fall!

If you are interested please visit:

www.hudson.njaes.rutgers.edu/4h/youth/workshop-programs/

or shoot her an email at nmd174@njaes.rutgers.edu

Teen Council Club

Teen Council is finally back from our summer break! This meeting we focused on prepping for our upcoming Fall Garden Fest next Saturday, October 3rd! More info on that event in a few pages in our event section! Meetings are always a blast with many fun topics of conversation and always making new friends!



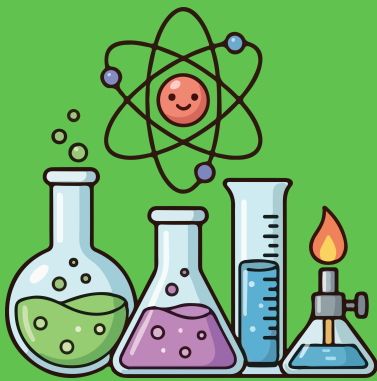
Our Clubs & Programs



Clubs Starting Up Again This Fall!

We missed you all so much this summer!

STEM Programming



Do not fret! Our Computer Science Club and other types of STEM programming at local organizations will be returning very soon!

Stay tuned on our Instagram [@hudsoncounty4h](https://www.instagram.com/hudsoncounty4h) or keep an eye out in our next newsletter!

Teen Council Club for youth in 8th-12th grades



Give back to your community while making new friends, doing crafts and earning community service hours! Meetings are focused around youth mindfulness, and fun service projects, and other 4-H opportunities.

When: Monthly on the 4th Wednesday from 5pm-6pm
Location: JCFPL Priscilla Gardener Main Branch (472 Jersey Ave. Jersey City, NJ 07302)

JOIN OUR GROUPME: https://groupme.com/join_group/105110973/3JeOpmVH



Our Clubs & Programs

Other Clubs to Join!



Cloverbud Explorers Club for youth in K-3rd grades

Big adventures for little learners! Exploring, creating, growing, and having fun together!

When: Monthly starting Thursday, September 3rd at 7PM

Location: Bostwick Court Community Room

TO REGISTER, EMAIL US: HUDSON4H@NJAE.RUTGERS.EDU



Sustainability Ambassadors for youth ages 14-18

We are seeking 1-3 teens from each municipality in Hudson County to be reps! Come learn the Sustainable Development Goals, participate in field trips, and help promote HCIA's "Don't Trash Hudson County" campaign!

When & Where: Bi-weekly virtual learning and sessions, November 2026 thru April 2027

APPLICATIONS DUE OCTOBER 18TH, 2026:
<https://go.rutgers.edu/zcbm2vzz>



Youth Birding Club for youth in 4th-8th grades

In collaboration with FBC.JC and Jersey City Birds. Youth will gain skills to identify birds in their neighborhood and learn about their importance of biodiversity while enjoying the outdoors!

When & Where:

October 17, 2026 – Rutkowski Park

REGISTER HERE: <https://go.rutgers.edu/youthbirdingclub>



Upcoming Events

Upcoming Hudson RCE Events



Hudson County RCE Fall Garden Fest

~ SAVE THE DATE! ~

Saturday, October 3rd, 2026 11AM-2PM

RCE Learning Garden in Lincoln Park, Jersey City

ANR Agriculture & Natural Resources R HUDSON COUNTY NEW JERSEY

HUDSON COUNTY RCE

FALL GARDEN FEST

FREE ENTRY! OPEN TO ALL!

Celebrate the end of the growing season with friends, family, and fun!

SATURDAY, OCTOBER 3RD, 2026

11AM-2PM @ RCE Learning Garden in Lincoln Park
Location searchable on Google Maps "RCE Learning Garden Lincoln Park"

PUMPKINS - FACE PAINTING - CRAFTS & ACTIVITIES
CHICKEN PHOTOBOOTH - BAKE SALE

GARDENERS CONTEST!

Win cash prizes!
Submit your homegrown produce, art projects, and more!

Link: <https://hudson.njaes.rutgers.edu/4h/youth/fairs/>

For more information, contact Hudson4H@njaes.rutgers.edu

ALL DONATIONS GO TO SUPPORT 4-H/YOUTH!

Learning Garden Events

EVERY WEDNESDAY TIME 4PM-7PM

EVERY SATURDAY TIME 10AM-1PM

RCE Learning Garden at Lincoln Park, Jersey City, NJ
(near the corner of Communipaw Ave & Route 440)

contact rm1679@njaes.rutgers.edu for more info

HUDSON COUNTY NEW JERSEY R RUTGERS UNIVERSITY Cooperative Extension of Hudson County New Jersey Agricultural Experiment Station

scan QR code to sign up

EVERY TUESDAY TIME 4PM-7PM

EVERY SATURDAY TIME 10AM-1PM

RCE Learning Garden at West Hudson Park, Harrison, NJ
(near the kid's playground & Keasby St)

contact ja.zamora@njaes.rutgers.edu for more info

HUDSON COUNTY NEW JERSEY R RUTGERS UNIVERSITY Cooperative Extension of Hudson County New Jersey Agricultural Experiment Station

scan QR code to sign up

Upcoming Events



The Hudson County 4-H Advisory Board Upcoming Fundraisers!

Clover Run

Sunday, September 27th, 2026 11:00AM

Hoboken Pier 13

(1301 Sinatra Dr N, Hoboken, NJ 07030)

1 mile walk or 2 mile fun run!

Proceeds directly support 4-H teen scholarships for college, events, and national trips! *4-H members can swing by- no need to register!*

REGISTER HERE:

<https://sweatpals.com/event/the-clover-run/2026-09-27>



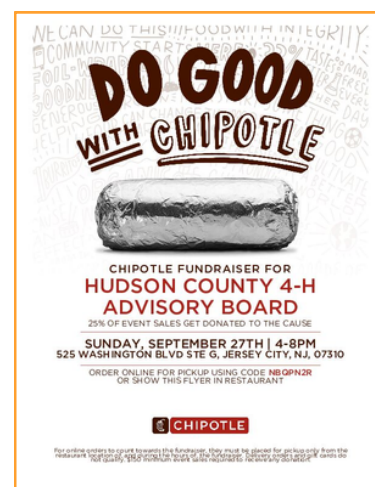
Chipotle Fundraiser

Sunday, September 27th, 2026 4PM-8PM

Chipotle Near Newport Centre Mall

(525 Washington Blvd, Jersey City, NJ 07310)

Order online using code: **NBQPN2R** - Or show the flyer at the register!

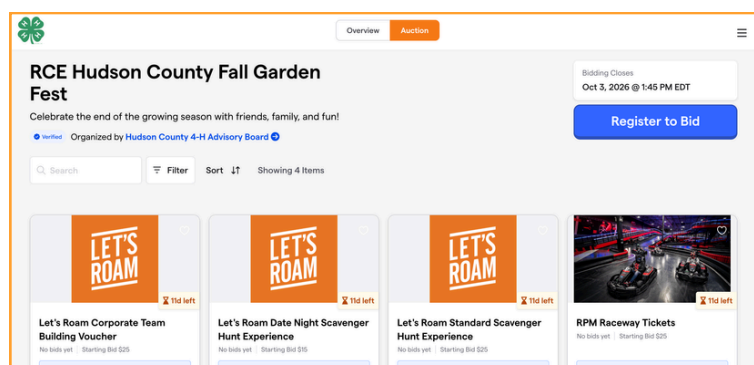


Silent Auction

Bidding Closes on October 3rd, 2026 @ 1:45 PM

ONLINE: <https://givebutter.com/c/rce-hudson-county-fall-garden-fest-2026/auction>

Proceeds directly support 4-H teen scholarships for college, events, and national trips!



Upcoming Events

Other Statewide Opportunities

Click the Flyer!

JOIN THE NJ 4-H AGRICULTURE AMBASSADOR PROGRAM

Become a Leader in New Jersey Agriculture!



NEW JERSEY
4-H
AGRICULTURE
AMBASSADOR



PROGRAM STARTS
OCTOBER 2026



PROGRAM ENDS
OCTOBER 2027



ELIGIBILITY:

- Must be a New Jersey 4-H member
- Must be in 9th grade or higher



APPLICATIONS DUE:

September 30, 2026 at
11:59pm



SUBMIT YOUR APPLICATION:

Email: mb2173@njaes.rutgers.edu



MAIL OR HAND
DELIVER TO:

Melissa Bright
Rutgers Cooperative Extension-
Somerset County 4-H
310 Milltown Road
Bridgewater, NJ 08807

OR

DON'T MISS THE
DEADLINE!



Scan the QR code to access the
application and learn more about the
program.

ABOUT THE PROGRAM

The NJ 4-H Ag-Ambassador Program is a year-long leadership program that empowers high school youth to develop leadership, communication, and agriculture advocacy skills while representing NJ 4-H across the state



Empowering Youth. Strengthening communities. Advancing Agriculture.



National 4-H Animal Science Career Night Webinar

Guest Speakers



Dr. Hannah Neill, DVM, MS
Clinical Instructor
Large Animal Field Service
Shreiber School of Veterinary
Medicine of Rowan University



Dr. Michelle D'Alessandro, DVM
Belle Mead Animal Hospital
Hillsborough New Jersey

September 29, 2026
7-8pm est

Join us for an evening to hear from noted speakers in the veterinarian industry as they share career exploration insights, advice, and more! Open to youth in grades 7-13 (ages 12-19).

Register by September 28th.



Presented by
National Association of Extension 4-H Youth Development
Professionals, Animal Science Working Group

Questions? email mb2173@njaes.rutgers.edu or call 908 526 6644



RUTGERS UNIVERSITY
4-H Youth Development
New Jersey Agricultural Experiment Station

4-H Volunteers: expand your knowledge in
a format that fits your busy schedule!



4-H
VOLUNTEER
VENTURES

This podcast explores the fun, but sometimes confusing role of the 4-H volunteer. Each episode examines a specific aspect or challenge volunteers face and offers best practices to improve the experience. New episodes are released every other Wednesday.

Previous Episode Topics Include:

- Setting S.M.A.R.T Goals
- Learn by Doing Together
- A Little 4-H History
- Build Programs That Last
- Engaging Alumni
- Beyond Ready
- Working with 4-H Cloverbuds
- The 4-H Essential Elements
- Volunteers: The Heart of 4-H
- Supporting 4-H Youth with Special Needs
- Great 4-H Judges
- 4-H Business Meetings
- National 4-H Opportunities for 4-Hers
- 4-H Public Presentations

LISTEN NOW:



SHOW LINK: <https://go.rutgers.edu/awotzkr>
FACEBOOK PAGE: <https://go.rutgers.edu/v1zxgnk>



Rutgers 4-H Teen Cafe: The Magic in Plants

Saturday, October 24, 2026, 11 am - 2 pm, Cook Campus
Greenhouse

Just in time for Halloween! Journey through the magical world of plants with Dr. Harna Patel, Associate Director of the Plant Science Undergraduate Program. Step into the Mad Botanist's Greenhouse/Lab for an immersive tour and magical experiments including:

1. **The Enchanted Greenhouse:** Take a tour of the teaching greenhouse and "teleport" between the rainforest, desert and other climates to explore the marvelous herbs, flowers, cacti, carnivorous plants and more!
2. **The Witch's Cauldron:** Watch raw botanicals bubble in the "cauldron" and transform into pure, potent essential oil.
3. **Trick or Tea?** Brew a botanical potion that changes color right before your eyes! Learn the science behind the change in color.
4. **The Phantom Scent: Unmasking the Mystery**
Aromas: Smell the various potions and guess the mystery aroma along with the fantastic flora they come from.

[Register by October 20th, first come, first served.](#)

Free - Limit 25 participants. Includes pizza lunch with Dr. Patel.

